



Training Opportunity

Course: Understanding and Training the Female Shooter-Instructor Development

Location of Event: Collegedale Police Range> 4712 McDonald Rd. Apison, TN 37302

Dates: March 28-29, 2019

Times: 0800-1700 hrs

Fee: \$299.00

For logistical information contact: Asst. Chief James Hardeman

<jhardeman@collegedaletn.gov>

To register go to: www.loukactical.com

Our Primary Goal: To provide realities, concepts, and approaches that will assist instructors in enhancing their female shooter's performance. The purpose of this two-day instructor development class is to share knowledge gained through over 25 years of training women in law enforcement at every level. It is designed and delivered by experienced female firearms instructors whose intentions are to broaden the knowledge of how a female's physiology plays a role in the shooting process, weapon retention, ergonomic aides/technologies currently available to assist the smaller statured officer, communication and social issues that can impact the female shooter. Instructors will learn and evaluate creative and effective ways of using peer coaching, introducing competition into their training as well as proven concentration techniques to improve marksmanship. The class is based on an open format with time allotted for 360 degree information sharing. A very honest and realistic approach to enhancing the female's shooting performance will be the focus of the discussion.

Instructor Development Participant Requirements

- _____ Wrap-around, shatter-resistant eye protection
- _____ Ball cap or hat with bill
- _____ Hearing protection
- _____ Pistol and full duty belt/duty equipment
- _____ Body armor is required every day
- _____ 200 rounds of pistol ammunition
- _____ Shotgun, 15 rounds 00 Buck or light load-5 slugs
- _____ Patrol rifle and 100 rounds
- _____ Red/blue guns long and short if available
- _____ High power binoculars or spotting scope

***A water source and simple carbohydrate is highly recommended

About LouKa Tactical: In business since 1999 and is the largest female owned and operated company of its kind with a diverse cadre of instructors bearing very unique talents. Co-owner Lou Ann Hamblin retired from law enforcement having served for 22 years working uniform and training as well as undercover to include a special assignment with the DEA. She holds a master's degree in performance technology from the University of Michigan. She specializes in training female officers and is a certified firearms and defensive tactics instructor in a variety of disciplines. To date she has trained over 4000 women in pistol alone. She is a Team One Network adjunct instructor, H&K Master Pistol Instructor and IALEFI Master Firearms Instructor-trainer. She instructs internationally in the areas of instructor development, training for specialty units and female officer survival.