



LouKa Tactical Training

Functional Training at it's Finest!

LouKa Tactical Quarterly: Spring Edition

Bullet in Board:

**Spring Highlights
Instructor News**

The N.O.F.A.T. Zone

**The Black Widow's
Web**

The Black Widow's Web



Betsy Brantner-Smith and I comparing sets of raffle tickets at the Calibre Press Street Survival Seminar in Las Vegas. Betsy is quick to point out that her set is much larger than mine.

Instructor News: Dorcia Meador Retires!



The "High Priestess of the Pistol" is turning in

Welcome back!

We're looking forward to a busy spring, read on....

IALEFI ATC>2010

This year's ATC will take place in San Antonio, TX. The focus of the women's round table discussion group: *Recruiting and mentoring quality females as instructors, the next generation.*



Expect to see a live fire course to accompany the round table discussion group! Hope to see you there!

Lou Ann Hamblin
IALEFI Board of Directors
[The International Association of Law Enforcement Firearms Instructors](#)

Upcoming Classes

[2-Day Defensive Tactics for Female Officers](#)
[Teaching Female Shooters: Train the Trainer](#)
[Developmental Marksmanship for the Female Shooter](#)

Kathy Vonk: NOFAT Zone



her range keys after over thirty years of service with the Fort Worth

Police Department. In addition to serving as the Range Master Dorcia also was responsible for responding to all officer involved shootings and served as the subject matter expert in the area of training and ballistics. Dorcia has won every national NRA handgun championship to date and has set numerous state and national records along the way. Congratulations Dorcia!

Instructor News: Dawn Reisinger is Promoted to Corporal



Congratulations to LouKa Tactical Instructor Dawn "Red" Reisinger for her recent promotion to Corporal for the Hillsborough County Sheriff's Office. Red is pictured here paying great attention to detail with co-worker Cpl. Tracey Reeves (in the foreground). Dawn is known for her high levels of intensity in training and calmness under extreme pressure as a road patrol operator and now supervisor. Congrats Red!

Civilian Side of the House

Gearing up for the 2010 Police Unity Tour-Washington, D.C.



The Unity Tour is an annual event where officers from across the United States ride over 300 miles to honor those officers who have given their lives to protect others. Kathy, who works for the Ann Arbor Police Department, is dedicating the Unity Tour ride to her uncle, Grand Rapids Police Officer Wayne Vonk who was shot and killed in the line of duty in 1969 while arresting two men who had just committed an armed robbery in Michigan. "I am very fortunate and quite honored to be allowed to ride with the Grand Rapids P.D. Unity Tour Team" says Kathy. To learn how you can assist Kathy in raising money for this honorable event go to: [NLEOM First Giving](#)

[Police Officer Wayne Vonk, City of Grand Rapids, MI](#)

I'm not afraid. I was born to do this. 'St. Joan of Arc

Strategic Partner Product Highlight



Comming soon...

Warrior Women:

Weapons Training for Women-by Women

- Women's self defense and pistol craft for every level
- Consultation on responsible equipment purchase, carry and usage
- Single parent home protection
- Learn to shoot competitively with a national champion

***Valid CPL/CCW a must for pistol craft classes

Also look for:

Realistic Training for the Responsible Gun Owner:

- Private and discrete in-home consulting
- Advanced Concealed Carry and Deployment
- Realistic Tactical Training Scenarios (RTTS) for home and work

Police Academy Prep Courses:

Firearms: Pistol, Rifle, Shotgun ***Valid CPL/CCW a must for pistol class

Personal and Corporate Fitness and Wellness:



Law Enforcement Target represents the most innovative targets systems available in today's market not to mention attractive price points for all shooting and training related products. Tom Ahonen and crew are way out in front of the power curve when it comes to design and delivery of the very best targets in the industry.

A Date with Massad Ayoob: At the ILEETA Conference

[Pro Arms Podcast Interview #27](#)

Once there scroll down to mp3 027

"On The Road - At the ILEETA Conference"

Featured Product:



[Volcanic Bikes](#)

Oftentimes public safety workers can be tough on equipment. LouKa trainers have a

- Customized programs to meet any need.
- Weight management
- Functional fitness training
- Corporate fitness you can *live with*

School Violence Seminar:

- Suitable for all staff including transportation, teachers and administrators
- In-service 4-hour program brought to your school

reputation for taking equipment to the absolute limit. We want to test and evaluate products in the most realistic conditions possible before we put our stamp of approval on them. Volcanic APB is the only public service bike that could withstand every test we put it through. For that it is considered the toughest service bike available today. Its enhanced frame can bear additional weight which makes it the perfect bike for EMS and Search and Rescue teams.

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Practice greatness.....

See you out there,

Lou Ann Hamblin, MA
Louka Tactical

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