



LouKa Tactical Training

## Instructor Development Understanding and Teaching Female Shooters



Building Warrior Women

Hosted by: Linda South  
A Girl and A Gun  
N. Fort Worth Chapter Facilitator

Date: November 3, 2023

Classroom location:

Range: Fossil Pointe Sporting Grounds 7282 N FM 51 Decatur, TX 76234

Logistical support: [agirlandagunnorthftworth@gmail.com](mailto:agirlandagunnorthftworth@gmail.com)

Time: 800am-500pm

Fee: \$300.00 \*\*\*\$250.00 for two or more classes-AGAG special

Participants will pay a \$25 range fee to Fossil Pointe Sporting Grounds prior to class

To Register: Go to [www.loukactical.com](http://www.loukactical.com)



*Train with the Nation's most experienced female law enforcement firearms instructors who share advanced skills and tactical knowledge in the best training environment imaginable.*

**Our Primary Goal:** To provide realities, concepts, and approaches that will assist instructors in enhancing their female shooter's performance. The purpose of this instructor development class is to share knowledge gained through over 29 years of training shooters at every level, specifically women. It is designed and delivered by experienced female firearms instructors whose intentions are to broaden the knowledge of how a female's physiology plays a role in the shooting process, ergonomic aides/technologies currently available to assist the smaller statured shooter, communication styles, culture, age, and social issues that can impact the female shooter. Instructors will evaluate creative and effective ways of using peer coaching, introducing competition into their training as well as proven concentration techniques to improve marksmanship and gun handling. This is an open format class with 360 degrees of information sharing. This is a very honest and realistic approach to enhancing the female's shooting performance.

### Instructor Development Participant Requirements

- \_\_\_\_\_ Wrap-around, shatter-resistant eye protection
- \_\_\_\_\_ Ball cap or hat with bill
- \_\_\_\_\_ Hearing protection
- \_\_\_\_\_ Pistol and full duty belt/or EDC
- \_\_\_\_\_ 200 rounds of pistol ammunition/3 magazines
- \_\_\_\_\_ Marker, pen/paper-note taking device
- \*\*\*\*\* Bagged lunch and a simple carbohydrate are recommended

**About LouKa Tactical:** We have proudly served the public safety training profession since 1999 and have access to some of the finest instructors and resources in the United States. Each instructor brings diversity and a high level of professionalism. Together our depth and synergy are unmatched. Not only are we the largest company of its kind in the Nation, we are considered to be the best by the industry in which we serve.

**About Lou Ann:** Retired after 22 years of police service Lou Ann specializes in training female officers having trained close to 6,000 women in law enforcement in pistol alone and is a certified firearms and defensive tactics instructor in a variety of disciplines. She is a Team One Network adjunct instructor and Master Pistol Instructor through H & K's ITD. Over the last 29 years Lou Ann has instructed internationally in the areas of instructor development, training for specialty units and female police officer's performance improvement and professional development including the Kuwaiti Female Special Forces and Ford Motor Company E.P. Teams.

*I've known Lou Ann Hamblin for many of the long years she has been teaching law enforcement. Lou Ann has shown herself to be a superb instructor at the American Society of Law Enforcement Trainers and the International Law Enforcement Educators and Trainers Association seminars I've attended. She was a tremendous asset when she served on the panel of experts on firearms and deadly force training that I chair annually for the latter organization. A gifted instructor for students of all genders, she is particularly skilled at teaching female students in both physical skills and mental attitude. After many years of urging her to train law-abiding armed citizens as well as police, I am delighted to learn that she is finally doing so and am not at all surprised at the excellent reviews she is earning in those classes. Highly recommended! Massad Ayoob - Director, Massad Ayoob Group*