



Training Opportunities

LouKa Tactical Training
www.loukatactical.com
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IPMBA Basic Police Cyclist Course

Hosted by: The Southwest VA Criminal Justice Training Academy

This course is appropriate for firefighters, EMS, and security professionals.

LOCATION: Abington Police Department
425 Main St. Abington, VA 24210

For logistical information contact: Darryll Dickenson (Training Coordinator) ddickenson@svcjta.com

DATES: May 20-23, 2024

COST: \$400.00 per attendee

HOURS: This IPMBA certification course consists of four 9-hour days-0800-1700 hrs.

REGISTER: LouKa Tactical Training: www.loukatactical.com

CLASS QUESTIONS: e-mail louannblackwidow@aol.com



During the 4-day Basic Cyclist Course operators will learn how to safely and effectively conduct patrol operations while riding an agency issued mountain bike. The Basic Cyclist Course is physically and mentally demanding. Participants will be required to pass a written test as well as a performance-based test on their bicycle.

The following areas are covered in depth:

- Basic bicycle operations
- Maneuvering in various traffic and environmental conditions including: low and high level obstacle clearing and patrolling in crowds
- Equipment and uniform options
- Legal issues
- Patrol procedures and tactics
- Basic bicycle maintenance
- Night operations
- Firearms skills specific to police cyclists (full duty gear-200 rounds of pistol ammo)

About LouKa Tactical: We have proudly served the public safety training profession since 1999 and have access to some of the finest instructors and resources in the United States. Each instructor brings diversity and a high level of professionalism. Together our depth and synergy are unmatched. Not only are we the largest company of its kind in the Nation, we are considered to be the best by the industry in which we serve. **About Lou Ann:** Retired after 22 years of police service Lou Ann Hamblin specializes in training specialty units (IPMBA PCI: #306 | EMSCI: #62) and female officers having trained over 6,000 women in law enforcement in pistol alone and is a certified firearms and defensive tactics instructor in a variety of disciplines. She is a Team One Network adjunct instructor and Master Pistol Instructor through H & K and has taught tactical police cycling concepts since 1997 to include IPMBA's international conferences. Over the last 30 years Lou Ann has instructed internationally in the areas of instructor development, training for specialty units and female police officer's performance improvement and professional development including the Kuwaiti Female Special Forces and Ford Motor Company E.P. Teams.