

## Training Opportunity



**Course:** Instructor Development-Understanding and Teaching Female Shooters

**Location:** State of Pennsylvania: Department of Corrections Training Academy-1451 North Market Street, Elizabethtown, PA. 17022

**For logistical information:** Lt. A.J Rost [arost@pa.gov](mailto:arost@pa.gov)

**Dates:** October 28-29, 2024

**Times:** 0800-1700 hrs.

**Fee:** \$700.00

The purpose of this two-day instructor development class is to share knowledge gained through over 30 years of training shooters at every level, specifically women. The primary goal of the class is to provide realities, concepts, and approaches that will assist instructors in enhancing their female shooter's performance. It is designed and delivered by experienced female firearms instructors whose intentions are to broaden the knowledge base of how a female's physiology plays a role in the shooting process, ergonomic aides/technologies currently available to assist the smaller statured shooter, communication styles, culture, age, and social issues that can impact the female shooter. Instructors will evaluate creative and effective ways of using peer coaching, introducing competition into their training as well as proven concentration techniques to improve marksmanship and gun handling. This is an open format class with 360 degrees of information sharing. This is a very honest and realistic approach to enhancing the female's shooting performance.

### **Instructor Development Participant Requirements**

- \_\_\_\_\_ Wrap-around, shatter-resistant eye protection
- \_\_\_\_\_ Ball cap or hat with bill
- \_\_\_\_\_ Hearing protection
- \_\_\_\_\_ Pistol and full duty belt/or EDC
- \_\_\_\_\_ 200 rounds of pistol ammunition/3 magazines
- \_\_\_\_\_ Shotgun, 10 rounds 00 Buck, light load or (slugs-optional)
- \_\_\_\_\_ Patrol style rifle and 50 rounds
- \_\_\_\_\_ Marker and pen/paper-note taking device
- \_\_\_\_\_ Provide shirt size at the time of registration



**About LouKa Tactical:** In business since 1999 and is the largest female owned and operated company of its kind with a diverse cadre of instructors bearing very unique talents. Co-owner Lou Ann Hamblin retired from law enforcement having served for 22 years working uniform and training as well as undercover to include a special assignment with the DEA. She holds a master's degree in performance technology from the University of Michigan. She specializes in training female officers and is a certified firearms and defensive tactics instructor in a variety of disciplines. To date she has trained over 6000 women in pistol alone which is more than any other trainer in the U.S. She is a Team One Network adjunct instructor, H&K Master Pistol Instructor and IALEFI board member, ILEETA advisory board member, Master Firearms Instructor-Trainer, presenter with A Girl and A Gun and guest with Civilian Carry Radio. She instructs internationally in the areas of instructor development, training for specialty units and female officer survival to include training the Kuwaiti Female Special Forces. <http://www.activeresponsetraining.net/understanding-and-training-the-female-shooter>

*I've known Lou Ann Hamblin for many of the long years she has been teaching law enforcement. Lou Ann has shown herself to be a superb instructor at the American Society of Law Enforcement Trainers and the International Law Enforcement Educators and Trainers Association seminars I've attended. She was a tremendous asset when she served on the panel of experts on firearms and deadly force training that I chair annually for the latter organization. A gifted instructor for students of all genders, she is particularly skilled at teaching female students in both physical skills and mental attitude. After many years of urging her to train law-abiding armed citizens as well as police, I am delighted to learn that she is finally doing so and am not at all surprised at the excellent reviews she is earning in those classes.*

**Highly recommended! Massad Ayoob - Director, Massad Ayoob Group**