



-Training Opportunity-



Functional Training at its Finest!

Survival Pistol for the Female Officer

Date: August 22-23, 2024

Location: CMP Talladega Marksmanship Park 4387 Turner Mill Rd.

Talladega, AL 35160

Time: 9am-5pm Fee: \$499.00

****Space is limited to 24 participants**

Purpose: The purpose of this 2-day class is to improve the female officer's shooting performance as it relates to surviving a lethal encounter. Through intensive range work the female pistol operator will increase her ability to deliver her handgun efficiently and effectively particularly in the area of shooting with speed.

- Performance based focus areas include:
- Problem solving with the pistol
- Single hand and support hand shooting
- Expeditious stoppage clearing and reloading
- Pistol ground fighting
- Target-focused shooting
- Shooting with movement
- Individual and team competitions



Requirements: Attendees are required to bring:

- 400 rounds of standard pistol ammunition
- Brimmed hat,
- Wrap-around eye protection
- Ear protection
- Pistol with three magazines
- Bagged lunch, a water source, and simple carbohydrate is highly recommended.

About LouKa Tactical: We have proudly served the public safety training profession since 1999 and have access to some of the finest instructors and resources in the United States. Each instructor brings diversity and a high level of professionalism. **About Lou Ann:** Retired after 22 years of police service Lou Ann Hamblin working uniform and in training as well as undercover operations to include a special assignment with the DEA and with the Tactical Support Unit. She holds a master's degree in performance technology from the University of Michigan. She specializes in training female officers having trained over 6,000 women in pistol alone and is a certified firearms and defensive tactics instructor in a variety of disciplines. Over the last 30 years Lou Ann has instructed internationally in the areas of instructor development, training for specialty units and female police officer's performance improvement and professional development including the Kuwaiti Female Special Forces and Ford Motor Company E.P. Teams. Lou Ann also serves on the Board of Directors for IALEFI and was named ILEETA's "Iron Cop" for 2009 conference. She currently serves on advisory board for ILEETA and is a former presenter with Calibre Press original Women's Street Survival Seminars, of which she co-wrote.