

Although Public Safety Cycling is a public relations tool, police, EMS and security personnel can face a variety of critical situations. They must always be prepared both physically and mentally. Cycling skills must become second nature so that saving lives and officer safety can remain the cyclist's primary focus. **Therefore, having been properly trained by professionals is essential at every level.**

Every agency has its own policies and procedures specific to their delivery of services initiatives. In addition to cost savings, having one's own qualified in-house instructor makes perfect sense. Each segment of instruction has adaptability which can meet the needs of each facet of public safety including basic and advanced technical riding skill development, EMS equipment issues and solutions, realistic scenario development, and firearms and tactics for police and armed security, to name a few.

Participants will learn how to apply the fundamentals of riding for the purpose of training and educating members of their organizations. They will learn strategies of improving community awareness and relations through safety programming and share the rewarding experience and versatility of performing job tasks via the public safety bicycle.



Risk reduction begins with properly trained and equipped personnel.

PUBLIC SAFETY BICYCLE INSTRUCTOR TRAINING COURSE

May 10-14, 2025



Hosted by:

Ann Arbor PD & UMPD

Ann Arbor, MI

Designed and delivered by:

LouKa Tactical Training, LLC

www.loukactical.com

PUBLIC SAFETY BICYCLE INSTRUCTOR TRAINING COURSE

DATE: May 10-14, 2025 (Saturday -Wednesday)

TIME: 8:30 am until 5:30 pm

LOCATION: University of Michigan North Campus

ADDRESS: 1600 Huron Pkwy, Ann Arbor, MI 48109

FEE: \$995.00

The purpose of this course is to qualify police, fire, EMS and private security and military participants to:

- Conduct safe and credible in-service basic and refresher bike training to include specific patrol and response duties.
- Prepare and deliver bicycle-related educational courses relative to the community and their agency.
- Enhance the delivery of their organization's service to their client and their community via the bicycle.
- Evaluate and maintain their agency's bicycle equipment.
- Evaluate and consult on policies and current operations for their organization.

NOTE: This 5-day course is academically and physically challenging.

Participants will be required to:

- Successfully pass both on-bicycle skill and written tests.
- Explain, demonstrate, and evaluate on-bike technical skill sets.
- Diagnose and correct rider errors; improve rider performance.
- Perform advanced bicycle maintenance.
- Construct and deliver instructional blocks in both the skill and knowledge domains relative to public safety and community cycling.

****All students must provide current proof of completed accredited First Aid/CPR training, as well as proof of prior basic bicycle training*

Materials Provided:

- IPMBA's Complete Guide to Public Safety Cycling 2nd ed text (1 per agency)
- LouKa Tactical Training *Public Safety Bicycle Instructor Training Course* Manual
- LouKa Tactical Training *Public Safety Bicycle Instructor Training Course* memory stick with all presentations and materials
- LouKa Tactical water bottle
- LouKa Tactical PSBITC Instructor shirt

PARTICIPANTS WILL NEED:

- Mountain bike of high quality with pedal retention, helmet, protective eyewear, cycling gloves, cycling shorts, hydration source, snacks
- Basic cycling tools and personal 1st aid kit
- Laptop computer highly recommended

PRIMARY INSTRUCTORS:

Kathleen Vonk, BA, BS: LouKa Tactical Training, Nevada State Police Las Vegas (Lieutenant), retired police officer from Ann Arbor PD, MI). Sworn LEO since 1988. Certified Police Cyclist Instructor Trainer, International Police Mountain Bike Association, League, League of American Bicyclists (LCI), Community Oriented Bicycle Safety Instructor for Law Enforcement (USDOT), former IPMBA Board Member and Education Committee member. Police cyclist from 1993 – 2013.

Lou Ann Hamblin MA, LouKa Tactical Training, retired police officer 22 years, IPMBA Police Cyclist Instructor, EMS Cyclist Instructor, and Security Cyclist Instructor. Lou Ann has a master's degree in human performance technology and Instructional Design from the University of Michigan. Police cyclist 1995 – 2012.

Kathy and Lou Ann have taught the LouKa Tactical PSBITC course since 2011. They have taught the IPMBA basic, EMS and Security Courses, and have designed and instructed the "Advanced Course," "Survival Tactics," "Night Ops Firearms and Tactics" at IPMBA's international police mountain bike conferences from 1995-2009 and have assisted in teaching IPMBA's Instructor Course (IC) since 1999.

REGISTRATION INFORMATION: Class size is limited to 24 participants. Slots may be reserved without payment or purchase order number. PAR-Q+ is required with a registration packet. Any applicant having health issues will be required to obtain medical clearance to participate. 30-day cancellation notification is mandatory for refund.

E-mail or call for registration packet. Return completed packet, along with a credit card payment, check, purchase order or money order made payable to:

LouKa Tactical Training

www.loukatactical.com

kathyvonk@aol.com

734-260-2981